

**Studio Fitness!**

**Brushing Teeth**

**St. Patrick**

## FITNESS BOARDS IN STUDIO

Playtimes are an important time for us and our playground has colourful, creative and long lasting markings made from a special material called 'thermoplastic'. We also have new benches and equipment to play with during lunch and break times.

In the studio we have a fantastic brand new piece of equipment which allows us to develop our stamina, strength and above all rise to the challenge...go and check it out and let us know what you think! Don't forget Sports Relief starts on 17<sup>th</sup> March 2018 – watch this space for more updates!!!



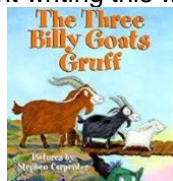
**Jade class did an assembly on St. Patrick's Day.** Saint Patrick was born a long time ago, about 385 AD in the United Kingdom. When he was 16 years old, he was kidnapped by a group of bad Irish raiders and forced to become a slave in Ireland. After six years of being a shepherd, he finally escaped to France and became a priest, then later a bishop. Saint Patrick was important because it's said he brought Christianity to the Irish people.

Jade Class worked really hard on finding out about St. Patrick, learning their words, dance moves and singing!

Happy St. Patrick's to everyone!

### RECEPTION

Children have been exploring scientific knowledge of making their own bridges to hold a bag of sugar. Elm class managed to design a bridge out of newspaper to hold a small child. This follows on from their work reading *The Billy Goats Gruff*. Mother's Day assembly was a huge success last week. Children have been receiving head teacher awards for their super independent writing this week.



**YEAR 2** This week the dentist came to visit year 2. The children had a special visit from the Dental Nurse

The children learnt about different foods and how those foods can affect their teeth. They also looked at how to take care of their teeth, brushing techniques and keep their mouths in tip top condition.



Remember to brush your teeth, avoid sugary sweets and drinks and visit the dentist regularly!

### Check these out!

<http://www.multiplication.com/games>

<http://www.mymaths.co.uk/>

Childline: 0800 1111

**Fair trade breakfast for key stage 1 will be on Thursday 29th March.**



**TIPS FROM THE TOOTH FAIRY**  
childrendentalgroup.com

## How to brush

Use a soft toothbrush - the kind your dentist and hygienist tell you to use.

1. Apply your toothpaste. (Use a pea size amount)
2. Brush your front teeth.
3. Brush in a circular motion.
4. Brush your back teeth.
5. Rinse your mouth and teeth.

After you brush your teeth, then it's time to **FLOSS**

THIS IS HOW YOU CLEAN BETWEEN YOUR TEETH AND GUMS. (HAVE AN ADULT HELP YOU)

childrendentalgroup.com