



Gold badge awards
Alexander Dmitrev-Amber
Jihan Rahman-Jade
Sapphire Hammar-Opal



Wellington
Primary

100% Attendance
Diamond Class



The week at Wellington!

Pudsey Bear

Thank you to everyone who supported the Children in Need event today. We have raised £403 so far for the charity. We hope you liked having your photo taken with Pudsey.

Parents' Evenings next Week.

Lots of parents have already booked their appointments for next week. Please book an appointment via our new Parent mail system if you have not already done so.

Reporting Pupil Absence

Please call the school offices and leave a message before 9:00am if your child is sick. As the offices can be very busy at this time of the morning, please press option 1 and leave a message for infants and 2 for juniors. If your child is going to be late into school following an appointment, then please call the school office and order a school lunch before 9:30am or your child will need to bring in a packed lunch that day.

Christmas Lunch

We are holding our Christmas lunch this year on Friday, 15th December. The school lunch will be £2.35 for junior pupils. Please top up your junior child's lunch account if they wish to have lunch that day. This day is also Christmas jumper day and children will be encouraged to wear their jumper.

Message from Nursery

Urgent! Please can the nursery have any old school trousers or jogging bottoms you do not need anymore (size 3 - 4 years). If any nursery children have been sent home in spare school clothes please can these come back too. We are running very, very low. Thank you!



Question of the week

If you were best in the world at something, what would it be and why?



Try and use a thinking map

Send your answers to Mr Berryman



@wellipri
wellington.hounslow.sch.uk

Polite Notice

Dogs are not allowed on the school premises and please dismount bicycles at the main school gate.

Building Resilience with Children

You may have heard us talk about this in assembly with the children.

We all can develop resilience, and we can help our children develop it as well. It involves behaviours, thoughts and actions that can be learned over time. Over the next few weeks we will include some tips to building resilience with your children.

1. Make connections

Teach your child how to make friends, including the skill of empathy, or feeling another's pain. Encourage your child to be a friend in order to get friends. Build a strong family network to support your child through his or her inevitable disappointments and hurts. At school we watch to make sure that one child is not being isolated. Connecting with people provides social support and strengthens resilience.

2. Help your child by having him or her help others

Children who may feel helpless can be empowered by helping others. Engage your child in age-appropriate volunteer work, or ask for assistance yourself with some task that he or she can master. Ask your child to carry their own bags and help you at home.

3. Maintain a daily routine

sticking to a routine can be comforting to children, especially younger children who crave structure in their lives. Encourage your child to develop his or her own routines.



Dates for your diary

21.11.17 Parents' Meeting
23.11.17 Parents' Meeting
08.12.17 KS1 & EYFS Panto
14.12.17 Infant Christmas Concert
15.11.17 Christmas Lunch and
Jumper day
20.12.17 – 01.01.18 Holidays
02.01.18 Back to school